Notes of Encouragement

A Guide to Creating Inspiration for YOTO Youth

What are Notes of Encouragement?

Notes of Encouragement are uplifting and positive messages included in every delivery of basic needs items ordered from our Mini Mall. Many youth keep these notes for the duration of their time at YOTO serving as constant inspiration and a reminder of the community support.

How can YOU help?

Notes of Encouragement are one of the easiest ways to volunteer for YOTO. You can create them on your own at home, with co-workers at your workplace, or with your club. You can use your own supplies or they can be picked up at Youth On Their Own if needed.

Instructions:

- **Print** motivational messages with pen, colored pencils, markers, etc.
  - *No cursive or pencil*
- Be **creative** and have fun!
  - Add color, drawings, stickers, etc. to help make the notes more special.
- Please remember that these messages should be appropriate for youth ages 12-22.
- Please do not include political or religious messages - they will not be distributed to youth.

Examples:





Notes can be dropped off at 2525 N Country Club Rd

Questions? Contact us at yotonews@yoto.org or 520-288-1146

More information at yoto.org/volunteer